

BERKSHIRE RUNNING CAMP 2021 SCHEDULE

Monday 8/16		Thursday 8/19	
11:00-12:00 PM	Staff Meeting & Lunch	7:30-8:00 AM	Breakfast (dining hall)
2:00-3:00 PM	Camper arrival/ cabin assignments	8:00-8:15 AM	Cabin cleanup & Staff Meeting
3:00-3:30 PM	Camper rules (campfire)	8:15-11:15 AM	Daily Workout (Rail Trail #2)
3:30-5:30 PM	Daily workout (Campus Run)	11:30-12:00 PM	Lunch (dining hall)
5:30-6:15 PM	Dinner (dining hall)	12:00-12:30 PM	Classroom Session #1 (classrooms)
6:15-7:00 PM	Free time (pool open)	12:30-1:00 PM	Classroom Session #2 (classrooms)
7:00-7:45 PM	Staff Intro/ Evening Program Games	1:30-4:00 PM	PM Program: Cabin Competition
8:00-9:30 PM	Evening Program: The GIFT	4:00-5:30 PM	Free Time (pool open)
9:30-10:00 PM	Campfire Speech: Mike Miller	5:30-6:15 PM	Dinner (dining hall)
10:00-10:30 PM	Back to cabins, lights out	6:15-7:15 PM	Free time (pool open)
Tuesday 8/17		Friday 8/20	
7:30-8:00 AM	Breakfast (dining hall)	7:30-8:00 AM	Breakfast (dining hall)
8:00-8:15 AM	Cabin cleanup & Staff Meeting	8:00-8:30 AM	Cabin cleanup & Staff Meeting
8:15-11:15 AM	Daily Workout (Rail Trail #1)	8:30-9:30 AM	AM Session (Run, yoga, roll, etc)
11:30-12:00 PM	Lunch (dining hall)	9:30-10:00 AM	Free time
12:00-12:30 PM	Classroom Session #1 (classrooms)	10:00-10:30 AM	Classroom Session #1 (classrooms)
12:30-1:00 PM	Classroom Session #2 (classrooms)	10:30-11:00 AM	Classroom Session #2 (classrooms)
1:30-4:00 PM	PM Program: EGroup Competition	11:30-12:00 PM	Lunch (dining hall)
4:00-5:30 PM	Free Time (pool open)	12:15-1:00 PM	Travel to Chesterfield Gorge
5:30-6:15 PM	Dinner (dining hall)	1:00-5:00 PM	Daily Workout (LONG RUN)
6:15-7:15 PM	Free time (pool open)	5:45-6:30 PM	Dinner (dining hall)
7:15-7:45 PM	Evening Program Games (Field)	6:30-7:15 PM	Free time (pool open)
7:45-9:15 PM	Evening Program: You Are a GIFT	7:30-8:00 PM	Evening Program Games (Field)
9:15-10:00 PM	Campfire Speech: Julie Tevenan	8:00-9:30 PM	Evening Program: Be The GIFT
10:00-10:30 PM	Back to cabins, lights out	9:30-10:00 PM	Campfire Speech: Greg Zopatti
		10:00-10:30 PM	Back to cabins, lights out
Wednesday 8/18		Saturday 8/21	
7:30-8:00 AM	Breakfast (dining hall)	7:30-8:00 AM	Breakfast (dining hall)
8:00-8:30 AM	Cabin cleanup & Staff Meeting	8:00-9:15 AM	Daily Workout (Campus Run)
8:30-9:30 AM	AM Session (Run, yoga, roll, etc)	9:15-10:15 AM	Cabin cleanup & Camper Evals
9:30-10:00 AM	Free time	10:15-11:30 AM	Camper packing & luggage storage
10:00-10:30 AM	Classroom Session #1 (classrooms)	11:30-12:00 PM	Lunch (dining hall)
10:30-11:00 AM	Classroom Session #2 (classrooms)	12:00-12:15 PM	Closing ceremony/ staff goodbye
11:30-12:00 PM	Lunch (dining hall)	12:15-1:00 PM	Camper Checkout & Departure
12:00-5:00 PM	Daily Workout (Mt. Greylock)		
5:30-6:15 PM	Dinner (dining hall)		
6:15-7:15 PM	Free time (pool open)		
7:15-7:45 PM	Evening Program Games (Field)		
7:45-9:15 PM	Evening Program: This Is A GIFT		
9:15-10:00 PM	Campfire Speech: Mike Glennon		
10:00-10:30 PM	Back to cabins, lights out		
		** Classroom sessions- rotate 8 groups**	